

# 2024 Denver Shootout™ Girls Format & Rules

## Rosters

All teams must submit a roster prior to the start of the tournament. If 3d Lacrosse does not receive a roster before the start of the tournament the team will be ineligible to participate. All players must be registered to participate.

Denver Shootout™ Staff will be conducting roster checks at the tournament director's discretion throughout the duration of the weekend.

Players can only play for one team during the tournament. Double rostering is not allowed.

Players can always play up in the division but not down.

Any violation of the tournament roster rules will result in forfeiture of any games in which the ineligible player participated and may result in disqualification from the tournament.

## Game Guarantee

All teams are guaranteed a minimum of five games over the course of three days.

## Field Size

All fields are regulation size- 110x60, aside from girls 7v7 plus GK (2032/2033's) who will play on short-sided fields.

## Game Duration

- Games will be scheduled in 50-minute time blocks, two 22-minute running time halves, three-minute halftime. Three minutes between games.
- No timeouts
- In the case of a tie, a four-minute sudden victory period will be played. If at the end of the sudden victory over-time the teams are still tied, they will continue with additional four-minute sudden victory overtime periods until a victor emerges.

## Player Eligibility

- Each team must be placed in the age bracket of the oldest players on their team
- Please see the age breakdown guide below:

Graduation Year	Grade
2024	Post Grad (max 4/team)
2025	Rising Senior (12th Grade)
2026	Rising Junior (11th Grade)
2027	Rising Sophomore (10th Grade)
2028	Rising Freshman (9th Grade)
2029	Rising 8th Grader
2030	Rising 7th Grader
2031	Rising 6th Grader
2032	Rising 5th Grader
2033	Rising 4th Grader

## Seeding

There will be pool play and championship play in the Denver Shootout. How well a team does in pool play will determine their seeding for the championship. Seeding ties are broken in the following way:

1. Record in pool play
2. Head-to-head
3. Goals against
4. Goal differential
5. Coin flip

\*In the case of a two-way tie head-to-head record will be used, in the case of a three way tie the seeding tie will be broken by goals against- NOT head-to-head

\* In the case that a team forfeits a game, the score will be recorded as a 6-0 loss for that team.

## Rules Overview

All girls games will follow US Lacrosse Rules and Regulations unless otherwise stated here.

- 2025 – 2028 – Full checking
- 2029 – 2030 – Transitional checking
- 2031 – Modified checking
- 2032/2033 (7v7 plus GK – small-sided) – No checking

2025 – 2031: There will be a draw at the beginning of the game and at the start of the 2nd half and after every goal. There will be no mercy rule in this tournament.

2032/2033:

- Draw to start game and start 2<sup>nd</sup> half, clearing after goals
- One pass is required before attempting to attack the cage. The goalie clear does not count towards that count.

## Penalties

- Two yellow cards for one player will result in that player sitting the remainder of current game but the player is eligible to play in the games following.
- A red card will result in that player sitting the remainder of the current game and the head official, field official, and tournament director reviewing the player to determine the players status for the remainder of the tournament.